



## Principles That Produce Momentum

**Focus** When we choose to live according to scriptural principles, it creates momentum in our lives.

**Open** What is one habit or routine you learned as a child that you continue to do today?

**Read** God has given us principles for life in the Bible. A principle can be defined as “a specific basis of conduct or management,” or “a fundamental truth from which others are derived.” God’s principles apply to our personal lives, marriage, family, work and corporate settings.

Proverbs 29:18 says, “*Where there is no word from God, people are uncontrolled, but those who obey what they have been taught are happy*” (NCV). When we choose to live according to God’s principles, we’ll live under His blessing as well, which will produce momentum in our lives.

- Talk**
1. How would you explain the importance of living according to principles to a child or teen?
  2. Three areas of momentum and their foundational principles were described in this message: structural (government/leadership), systematic (the way things are done) and spiritual (spiritual and emotional health and growth). Which of the three areas do you feel you have the most momentum in personally? As a family? At work?
  3. What biblical principles come to mind that lead to personal spiritual momentum?

4. On a scale of 1 to 10, what level of momentum are you currently experiencing spiritually (1 – pushing boulders uphill; 5 – not going anywhere fast; 10 – whoa, Nelly!).

**Live**

1. Thinking back to the biblical principles related to spiritual momentum that you discussed in question 3, what principles have you been struggling to adhere to? Share one or two with a partner.
2. Describe to your partner what kind of momentum you envision in your life when you begin to stick to the principle(s) you identified as a struggle. What will be different in your life? How will you feel differently about God?

**Pray**

Thank the Lord for giving you everything you need to live a principled, godly life. Thank Him for His promise to empower you to fulfill His will for you. Ask Him to help you to hear and obey His voice more readily than you might live by His principles and experience His blessing and momentum.