



More than Words

Bread Robert Morris

Focus The Bible is the bread of life. It is our daily bread, our sustaining bread, and the true bread.

Fun If you had the option, would you rather spend one day in the past or one day in the future?

Review Key Scriptures: Exodus 16:4, John 6:31–51

1. Our Daily Bread

When God sent manna for the children of Israel to eat, He provided it for them daily. In the same way, we need to partake of the bread of God daily, which is the Bible. Many Christians are malnourished because they don't have a daily diet of the Bible in their lives. There are several translations of the Bible available, as well as free Bible apps. Choose the version that works best for you and make reading the Bible a daily part of your life.

2. Our Sustaining Bread

When Satan came to Jesus and tempted Him, Jesus used Scripture to overcome the devil. In Matthew 4:4, Jesus quotes from Deuteronomy 8:3 that “Man does not live by bread alone but by every word that proceeds from the mouth of the Lord.” God’s Word literally sustains our lives. To live life to the fullest, you must know the Bible and do what it says.

3. Our True Bread

In John 6, Jesus reminded the crowd that God gave manna in the desert to their forefathers after they left Egypt. Then in verse 35, Jesus told them their heavenly Father gave them true bread. He declares, “I am the bread of life.” When we read God’s Word, we are receiving the life and power of Jesus.

Group Dynamics Idea Pastor Robert's series *More than Words* is going to be about the Bible. Over the next several weeks, choose some Scripture that you and your group can memorize together. You may want to pick a new verse each week or allow different people in the group to pick the verse everyone memorizes for the next week. This is a practical way to engage your group in this series.

Discuss

1. Read John 6:31–35, and verse 48. How is Jesus like bread?
2. In the Old Testament, God sent manna on a daily basis. Why is it important to have a daily routine of reading the Bible? How does it affect us when we do *and* when we don't have "daily bread"?
3. Have you ever read the Bible and known God was speaking directly to you about a situation in your life? If so, share how that affected you.
4. What are some practical ways to memorize Scripture and apply it to our lives?
5. Read Matthew 4:3–4. When Jesus was tempted, He used the Bible to overcome. Share about a time you used Scripture to overcome in an area of your life or about a time you were going through a difficulty and how some key Scriptures helped get you through.
6. What are some current areas of your life in which you need help or need to overcome? Take time this week to find some specific Scriptures that speak to your situation. (For example, if you're struggling with anxiety, memorize Philippians 4:6.) As a group, encourage one another this week, and the next time you meet, share how the Scriptures helped you.

Take Home As we conclude, remember the following:

- The Bible is our daily bread.
- The Bible is our sustaining bread.
- The Bible is the true bread—Jesus.

Prayer Heavenly Father, thank You for sending Jesus, the True Bread of Life. Thank You for giving us the written Word so we can partake of the bread of life. Help us to take in daily the Scriptures, our sustaining bread. In Jesus' name, Amen.

New Leader Tip This series is a good reminder that a small group is a great place to encourage one another to live out the message. Giving a small assignment, like memorizing a Scripture, is a way to take the message to a new level. It also provides a good opener for conversation the next week when people share how it went applying the previous week's message to their lives.