Focus  The Word of God is a nourishing and cleansing water.

Fun  Do you enjoy gardening? Do you have a green thumb or a brown one?

Review  Key Scriptures: Revelation 12; Psalm 69

1. Satan tries to flood us.
   Satan’s accusing words attack our health, relationships, finances, and many other areas of our lives relentlessly.

2. Satan tries to famish us.
   If the Word of God is our daily bread, then Satan wants to starve us by preventing us from reading and understanding the Bible.

3. Jesus wants to fill us.
   Jesus offers living, spiritual water that gives us life. When we read the Bible, His Word becomes a fountain inside of us.

*Group Dynamics Idea*  Encourage the women in your group to attend a Pink Impact watch party, and encourage the men in your group to attend Men’s Summit. Tell them to try to connect with one another while attending these conferences.

Discuss

1. Read 1 Corinthians 10:4. What kind of drink does Paul mention and from what kind of rock? Who is the Rock? When we spend time reading the Word of God, how are we nourishing ourselves?
2. In Psalm 93:3–4, we read that floods lift up their voice, but who is mightier? Have you ever experienced a flood of words of accusation? What hope do you find from this verse?

3. Sometimes, we overwhelm ourselves with words. How did Jesus deal with a flood of words from Satan?

4. Read Joshua 1:8 and Psalm 1:2–3. What are those who meditate on the Word of God promised? According to Pastor Robert's explanation, what does this mean?

5. In John 4:7–14, what type of water does Jesus reference? Why does the Samaritan woman not understand?

6. How are we cleansed? Read Ephesians 5:25–26. When we allow this to happen, how does this affect our thoughts?

**Take Home**  As we conclude, remember the following:

- The Bible is a spiritual book written by a spiritual being to spiritual beings.
- We are in a war of words. We need to be sure of whose words we are going to believe.
- Floods lift up their voice, but the Lord is mightier than many waters. God speaks words of life, but Satan speaks death over us. We must choose to agree with God’s words.
- We must meditate, memorize, ponder, and hold onto the Word of God to defend against the enemy.
- The washing of the water by the Word cleanses us. It is gentle and works from the inside out.

**Prayer**  Lord, thank You for making a way for me to receive the gift of salvation and for me to be victorious against the attack of the enemy. Help me to recognize the enemy’s flooding words and to defend myself with Your Word. Lord, thank You for the gift of Your Word that cleanses me, fills me, and quenches my spiritual thirst. In Jesus’ name, Amen.

*New Leader Tip*  Do you take prayer requests in your group? If not, some ways to do this are to share during group time and have someone record them to email to all members, have slips of paper for members to record their prayer requests and return to you, or send an email out asking for members to reply with their prayer requests.