



## Healed

**Focus** God has provided both physical and emotional healing for us.

**Open** What is the most meaningful birthday gift you've ever received?

**Read** The Greek word for salvation (“sozo”) means to be made whole. Luke 4:16-21 and Matthew 8:16-17 both explain that Jesus came to heal us, physically and emotionally. One of the names of God is “Jehovah Rapha,” which means, “the God Who Heals.” Jesus never changes (Hebrews 13:8), so His promise to bring healing remains true today.

Luke 4:18 says that Jesus has come to heal the brokenhearted. All of us have emotional wounds that, until healed, cause bondage and strongholds in our lives. Rejection is probably the deepest wound that affects everyone. The best that secular humanism can do for us is to help us to cope with our areas of woundedness, but Jesus can heal us. God's vision for your life is to heal you.

**Talk** 1. Read the following verses. What does each say about physical and/or emotional healing?

Exodus 15:26

1 Peter 2:24

Luke 9:1-2

Psalms 103:2-3

Luke 5:17

Matthew 4:23-24

2. In the past, what have you believed about God's desire or willingness to heal you of physical sickness? What do you believe God is saying to you today?

3. Why is it important to build our doctrine on the Bible and not negative examples or excess, especially as it relates to physical healing? What do you believe the Bible tells you to do if you are in need of physical healing?
4. What types of experiences might cause emotional wounds? Why must we be healed from these wounds before we can be set free?
5. How is healing different from coping?

### Live

1. If you need physical healing, briefly share your need with the group so that they may pray for you.
2. Privately ask the Lord to show you what area(s) of your heart need His healing touch. Write down what comes to mind.

### Pray

Thank the Lord that He is “Jehovah Rapha,” the God Who Heals. Thank Him for His love for you and His desire for you to be healed. Pray for anyone in the group who is in need of physical healing. Invite the Holy Spirit to heal you physically and emotionally, and ask Him to direct you to the people or resources you need to help you experience His healing power.

*For more information about Freedom Ministry or Healing Ministries at Gateway Church, visit [www.gatewaypeople.com](http://www.gatewaypeople.com), click on the “Ministries” tab, and look under “Spiritual Growth.”*

*Selected Freedom Ministry classes are also available via audio and video streaming on the Gateway Church website, under the “Media” tab.*