



Disciplined

Focus A disciple of Jesus follows Him wholeheartedly and moves forward in the things of God.

Open What was one of your favorite games growing up and why?

Read Being a disciple of Jesus is summed up in Jesus' command: "Follow Me." It is a continuous journey where God shapes and forms us more and more into the image of Christ. Often God uses other people in our lives and disciplines us through them, but our creative God will use any means necessary to disciple us.

Our part is to have an open and willing heart. When we surrender to the Holy Spirit and welcome Him into our lives, God is free to disciple us. When we surrender to the Holy Spirit's work in our life, God begins to remove the things of our flesh, or as Hebrews 12:1 puts it, the "sins and weights which so easily ensnare us." Discipleship is a process of maturing and growing up in the Lord. It is an ongoing process and as we surrender to the Holy Spirit's work, we begin to see love, joy, peace, patience, kindness, goodness, faithfulness, meekness, and self control to greater degrees in our life.

Talk 1. Have you ever thought of yourself as one of Jesus' disciples? Why or why not?

2. Read 2 Peter 1:5. How is being a disciple of Jesus a journey of maturity and growth? What are some of the biggest ways you have grown as a disciple of Jesus in the past year?
3. Who are some people God has used to disciple you? What was their role in your life and how did God use them to help you to be more like Christ?
4. What are some other things God has used in your life to cause you to grow in maturity in the Lord? How did your responses to those things either help or hinder God in shaping your character?
5. Read 1 Thess. 5:19. Surrendering to the Holy Spirit is the key to walking as a disciple of Jesus. What types of attitudes can we have or things can we sometimes do that hinder us from fully walking as true disciples?
6. Read Gal. 5:24-25. What does it mean to “crucify the flesh” and “live by the Spirit”? How is this a key to being a disciple of Christ?

Live

1. Read Gal. 5:16-23. Take a moment to quietly ask the Lord to show you areas of your life where you are still walking in the flesh. Take time to repent in your heart before the Lord and ask Him to fill you with His Holy Spirit.
2. Seeking God as His disciple requires us to be proactive. What is one way you will be proactive this week about creating space for more of God in your life?

Pray

This week, gather together in small groups of 3 or 4 to pray for one another. As you pray for the members of your group, pray that God would send people into their lives that would help them to grow in their walk with the Lord. Ask God to continue to convict them of areas where they are still walking in the flesh and pray that they would instead be filled with the Holy Spirit. Pray that the fruits of the Spirit would be abundant in their lives as they continue to grow as disciples of Jesus.