

THE OVERCOMING LIFE

Overcoming Rejection

Jimmy Evans

Philippians 4:13; 1 John 5:4; Revelation 12:11, 2:7, 2:17, 2:26–28, 3:21; Isaiah 53:2–6

I. Forms of Rejection

II. Four Common but Unhealthy Ways We React to Rejection

1. Avoid the risk of rejection.
 2. Anger and aggression.
 3. Hopelessness and despair.
 4. Being overly sensitive to rejection and overly dependent upon the approval and acceptance of others.
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III. How to Overcome Rejection

1. Base your life on God's perfect love and what His Word has to say about you.

Hebrews 13:5–6; Ephesians 1:5–6; John 6:37

2. Pursue relationships with fellow believers who are pursuing God and healthy relationships.

3. Expect rejection and don't take it personally.

Luke 6:22–23, 26

4. Forgive those who reject you and give them God's love and acceptance in return.

Luke 6:27–37

What is the Holy Spirit saying to me through this message?

Scripture is from the New King James Version of the Bible.