



# IN JESUS' NAME

# The Power of Prayer

Sameh Maurice

**Focus** Our prayer life will determine the results of the battles in our lives.

**Open** What is the most physically demanding thing you have ever done?

**Read** Our prayer life is like a thermostat that measures our humility, faith in God and love for God. Prayer is a message sent from our hearts to God, saying that we need Him and can't do life without Him. Prayer is an expression of faith, demonstrating that we believe God is there, and He hears and answers prayer. It is an expression of love, showing our desire to meet with God face-to-face and to hear His voice.

Moses understood the power of prayer. In Exodus 17:8–13, Moses prayed atop a mountain for the victory of the Israelites who were battling against the Amalekites in the valley below. As long as his hands were raised in prayer, the Israelites prevailed.

From this story, we learn that what happens “up the hill” determines the results in the valley. If we do not win the battle in the presence of God, we can't win it on the battleground of life. Prayer determines the result of the battle.

We also learn that the length and depth of our prayer determines our victory. When we pray, God is active. The longer we pray, the deeper our prayers will become. “Giving birth” in the Kingdom of God requires trawling prayer.

Like Moses, we can't do it alone. We need people at our side to strengthen us in prayer. When Moses became weary, Aaron and Hur held up his arms. As believers, we need to come together to pray, locally and nationally, and challenge each other to persevere in prayer for God's will to be accomplished on the earth.

## Talk

1. What stood out most to you in this message? Why?
2. How is our prayer life a measurement of our humility?
3. Read Exodus 17:8–13 and Ephesians 6:12. Like the Israelites, our “battles” have two fronts: on the mountain (prayer) and in the valley (the natural circumstances). Which “front” do you tend to focus on most? What do you think your tendency reveals about what you believe?
4. Read John 14:12–14. What does Jesus say we should pray for (verse 13)? How should this shape the way we pray?
5. James 5:16b says, “The earnest (heartfelt, continued) prayer of a righteous man makes tremendous power available [dynamic in its working]” (AMP). The length of our prayer impacts its depth. Think of a time when you prayed about something for a longer time than usual. What did you experience as you prayed?
6. Describe a situation in your life (or the life of someone you know) in which you saw the power of prayer at work. How did you know that it was *prayer* that was making the difference in the battle?

## Live

Does your prayer life reflect what you would like it to about your humility, faith in God and love for God? If not, what is one step you will take this week to move toward having the kind of prayer life you want?

## Pray

Thank God that He hears and answers our prayers. Thank Him for the power that He has given us through prayer. Describe to Him the kind of prayer life that you would like to have, and ask Him to show you how to move toward it. Pray specifically about the situations and challenges that you are facing.