



## Rejection Roots

### Robert Morris

**Focus** We were all born with rejection roots because sin separated us from God. The key to getting healed of the wound of rejection is to be born again and accepted by God. When we lay our insecurities and fears at the cross, we are free.

**Fun** Ask each member of your group to share a characteristic or attribute of God. Try not to repeat any.

**Review** Key Scriptures

- **1 Samuel 15:23; Hosea 4:6**  
We have been rejected because of our sin.
- **Genesis 4:7; Luke 4:19; 2 Corinthians 6:2**  
People who have never received Christ do other things for acceptance. When we accept God, He accepts us.
- **Ephesians 1:6**  
We're accepted because of the blood of Jesus Christ.
- **Isaiah 53:3; Mark 12:10; Luke 17:25; 1 Peter 2:4**  
Jesus knew what it felt like to be rejected. He was not only rejected by men but also by His Father when he became a sin offering. Jesus was rejected so we could be accepted.

#### **\*Group Dynamics Idea\***

Challenge your group to think of creative ways to encourage someone this week.

## Discuss

1. We have all experienced rejection at one time or another. How do you deal with rejection? Have you ever done something to be accepted?
2. Why do you think it's so difficult to heal from a wound of rejection?
3. How do you deal with insecurities that threaten to overwhelm you?
4. Are you easily offended? How do you usually respond when you're offended?
5. Have you ever confronted someone in love about their offensive behavior? What was the result?
6. What can we do to restore our relationship with God when we offend Him?
7. Allow quiet time with the Lord and take an honest look at any wounds of rejection or insecurity in your life. Silently lay them before God and leave them at the cross.

## Take Home

Let's remember these points this week:

- We were born rejected and separated from God because of our sin.
- The key to getting over the wound of rejection is to be accepted by God.
- God wants to accept us.
- To be accepted, we must be saved.
- When we give God control over our lives, we are saved.
- When we leave our wounds of rejection and insecurities at the cross, we are free.

## Prayer

Dear God, I ask You to forgive me of all my sins. I receive Jesus today as my Lord and Savior. I give you all my hurts, fears, and pride. Thank You, Jesus, for saving me!

## \*New Leader Tip\*

Choose an outgoing member of your group to greet people each week as they arrive.

Beginning your group with a sincere welcome can set the right attitude for the entire meeting.