

# The Humanity of Jesus

## Josh Morris

### Review

[View sermon notes on YouVersion.](#)

**Key Scriptures:** Psalm 8:4–6; Philippians 2:5–8; 1 Timothy 2:5

### Discuss

1. When you think of humanity or being human, what are some characteristics that come to mind?
2. Do you think humanity is overall good or overall bad? Why do you believe that?
3. Read Genesis 1:26–27. Why do you think God made man in His image and how does this understanding affect our identity?
4. Read Philippians 2:7. How was Jesus both God and human at the same time?
5. Why did Jesus lay aside His divinity?
6. What does it mean to you to know that Jesus became human, resisted temptations, lived a sinless life, and suffered and died for us so we can live?
7. Pastor Josh said Jesus is the only one to run to. What does running to Jesus look like in your day-to-day life?
8. Have you run to Jesus to receive His love, forgiveness, and everlasting life? If not, let's take time to do so now.
9. What is the Holy Spirit saying to you through this message?

### Takeaway

As we conclude, remember the following:

- God made humans in His image.
- Jesus became fully human.
- Jesus suffered as a human, so He understands us fully.

### Prayer

Heavenly Father, thank You for giving us Your Son, Jesus. We believe Jesus laid aside His divinity and became fully human so He could live the sinless life that we could not live.

Jesus, we believe that because You suffered and died in our place, we are now made righteous through You. Help us freely give the gift of Your love to others and boldly testify of Your goodness and mercy. In Jesus' name we pray, Amen.

### **Leader Tip**

Pause to reflect on the initial purpose for your group. During your quiet time, write down the reasons you started the group and what you enjoy most about leading it. Remembering why you started your group will encourage you and help you stay focused as you lead. In addition, be sure to stay connected with friends, pastors, and those you serve with at church who can pray for you and support you along the way. All leaders are stronger and more successful when they have support, accountability, and encouragement.

### **Group Dynamics Idea**

Part of becoming who God has called us to be is remembering where He rescued us from. Get to know each of your group members even more by allowing them to share their testimonies. Give each person a couple of minutes to share. You can lead by example and start by sharing what God has done in your life.