



Overcoming Fear Jimmy Evans

Focus The enemy uses fear as a weapon against us, but Jesus gives us victory over fear.

Fun If you had a movie marathon, what three movies would be in your lineup?

Review Key Scriptures: Psalm 103:8–14; Matthew 18:18; Luke 10:19–20, 22:39–46; Hebrews 4:15–5:2

1. **Jesus faced fear in Gethsemane.**

As Jesus faced His death on the cross, He was in mortal agony. He was in so much agony that He sweat drops like blood. Jesus can identify with us when we fear because He faced it Himself. Hebrews tells us that Jesus, our High Priest, faced what we face as humans. Because of this we can come boldly to God's throne of grace to find mercy and help in times of need.

2. **Fear is a destructive spirit from Satan.**

In 2 Timothy 1:7, we learn that God has not given us a spirit of fear, but of power, love, and a sound mind. Satan uses fear to control us and keep us from doing God's will. If we have been born again, we do not have to fear death because we will never die, we will simply pass from this life into the next. Fear is a prophetic spirit from hell sent to give us a negative report about the future that will upset us and cause us to make a fear-based decision that God will not honor.

3. **Through Jesus, we can overcome fear.**

On the cross, Jesus defeated every work of Satan. When we admit our fears without shame and submit them to God, He gives us grace. James 4:7 says, "Therefore submit to God. Resist the devil and he will flee from you." We need to

set our focus on God and take authority over a spirit of fear in Jesus' name.
Face your fears by faith and watch them crumble.

Group Dynamics Idea During this season of social distancing, many groups are still meeting online. This is a time to be intentional about reaching out to every person in the group to make sure they are doing okay. If you are able to help someone by bringing them food or praying for them, or if you are in need of help or prayer, text CONNECT to 71010.

Discuss

1. Read Hebrews 4:15–16. How does it make you feel to know that Jesus faced fear and can identify with you when you are afraid? How does that help you come boldly to Him for help?
2. Why do you think fear is one of Satan's biggest tactics?
3. In which areas of your life do you experience the most fear?
4. Pastor Jimmy Evans said fear is a prophet spirit from hell sent to give us a negative report about the future. What lies have you believed about your future because of fear? What does God say about those things?
5. Share a time you had to face and overcome a fear in your life.
6. Read Luke 10:19–20. What does it look like to take authority over a spirit of fear in Jesus' name?
7. What is the Holy Spirit saying to you?

Take Home As we conclude, remember the following:

- Jesus faced fear before going to the cross, and He overcame it.
- Fear is one of Satan's main tactics.
- We can take authority over a spirit of fear in Jesus' name!

Prayer

Heavenly Father, thank You for giving us authority over fear through Jesus. Thank You for giving us permission to come boldly to Your throne of grace to find mercy and help in times of need. Please show us the areas of our life where we have allowed a spirit of fear and deliver us from those fears. In Jesus' name, Amen.

New Leader Tip Now more than ever is a time when leaders have to be intentional about connecting with people in their group. Whether it's through social media, texts, phone calls, or other creative ways, be sure to stay in touch with everyone in your group. Connection is always the goal. Ask people in your group who are naturally good at connecting to help you.