







ROBERTMORRIS

## THE FIFTEEN-MINUTE BREAKTHROUGH

THREE MYTHS ABOUT A QUIET TIME:
1. You can only have a quiet time from 4:00 am to 6:00 am.
2. Your quiet time must last at least one hour.
3. Your quiet time journal must sound like the Bible.
FOUR STEPS TO START:
1. Quiet Your Mind
Ps 131:2; Ps 62:1, 5
2. Focus Your Mind
Ps 100:1-5

3. Pray Your Mind
Phil 4:6-7
25
4. Renew Your Mind
Rom 12:1-2; Heb 4:12
2
What is God saying to me through this message?
All Scripture is from the New King James Version unless otherwise noted.

