

**January 4, 2013 Messianic Service**  
**Excavating the Epistles**  
**Excavating Ephesians Part 2: "One New Man"**  
**Pastor Geoffrey Cohen**

**Torah Portion:**

**Exodus 23:9** "Also you shall not oppress a stranger, for you know the heart of a stranger, because you were strangers in the land of Egypt.

**Leviticus 24:21 & 22**

21 And whoever kills an animal shall restore it; but whoever kills a man shall be put to death. 22 You shall have the same law for the stranger and for one from your own country; for I am the L-rd your G-d."

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**Service Portion:**

**Luke 21:20-24**

"But when you see Jerusalem surrounded by armies, then know that its desolation is near. 21 Then let those who are in Judea flee to the mountains, let those who are in the midst of her depart, and let not those who are in the country enter her. 22 For these are the days of vengeance, that all things which are written may be fulfilled. 23 But woe to those who are pregnant and to those who are nursing babies in those days! For there will be great distress in the land and wrath upon this people. 24 And they will fall by the edge of the sword, and be led away captive into all nations. And Jerusalem will be trampled by Gentiles until the times of the Gentiles are fulfilled.

**Amos 9:13 – 15 (New living translation)**

13 "The time will come," says the L-rd, "when the grain and grapes will grow faster than they can be harvested. Then the terraced vineyards on the hills of Israel will drip with sweet wine! 14 I will bring my exiled people of Israel back from distant lands, and they will rebuild their ruined cities and live in them again. They will plant vineyards and gardens; they will eat their crops and drink their wine. 15 I will firmly plant them there in the land I have given them," says the L-RD your G-d. "Then they will never be uprooted again."

**1) One Body**

**Ephesians 2:11 – 18**

Therefore remember that you, once Gentiles in the flesh — who are called Uncircumcision by what is called the Circumcision made in the flesh by hands — 12 that at that time you were without Messiah, being aliens from the commonwealth of Israel and strangers from the covenants of promise, having no hope and without G-d in the world. 13 But now in Messiah Yeshua you who once were far off have been brought near by the blood of Messiah. 14 For He Himself is our peace, who has made both one, and has broken down the middle wall of separation, 15 having abolished in His flesh the enmity, that is, the law of commandments contained in ordinances, so as to create in Himself one new man from the two, thus making peace, 16 and that He might reconcile them both to G-d in one body through the cross, thereby

putting to death the enmity. 17 And He came and preached peace to you who were afar off and to those who were near. 18 For through Him we both have access by one Spirit to the Father.

2) **One L-rd, one faith, one baptism**

**Ephesians 4:11 – 16**

11 And He Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers, 12 for the equipping of the saints for the work of ministry, for the edifying of the body of Messiah, 13 till we all come to the unity of the faith and of the knowledge of the Son of G-d, to a perfect man, to the measure of the stature of the fullness of Messiah; 14 that we should no longer be children, tossed to and fro and carried about with every wind of doctrine, by the trickery of men, in the cunning craftiness of deceitful plotting, 15 but, speaking the truth in love, may grow up in all things into Him who is the head — Messiah — 16 from whom the whole body, joined and knit together by what every joint supplies, according to the effective working by which every part does its share, causes growth of the body for the edifying of itself in love.

3) **One Father, one Spirit**

**Ephesians 4:1 - 6**

I, therefore, the prisoner of the L-rd, beseech you to walk worthy of the calling with which you were called, 2 with all lowliness and gentleness, with longsuffering, bearing with one another in love, 3 endeavoring to keep the unity of the Spirit in the bond of peace

4 There is one body and one Spirit, just as you were called in one hope of your calling; 5 one L-rd, one faith, one baptism; 6 one G-d and Father of all, who is above all, and through all, and in you all.

**1 John 1:1 – 5**

That which was from the beginning, which we have heard, which we have seen with our eyes, which we have looked upon, and our hands have handled, concerning the Word of life — 2 the life was manifested, and we have seen, and bear witness, and declare to you that eternal life which was with the Father and was manifested to us — 3 that which we have seen and heard we declare to you, that you also may have fellowship with us; and truly our fellowship is with the Father and with His Son Yeshua Messiah. 4 And these things we write to you that your joy may be full.

**Romans 8:9 NIV**

You, however, are controlled not by the sinful nature but by the Spirit, if the Spirit of G-d lives in you. And if anyone does not have the Spirit of Messiah, he does not belong to Messiah.